

FUKAGAWA SPORTS CENTER

INFORMATION

(2009/10/01-)

We offer different kinds of sports and exercise classes. Also, there are well-conditioned exercise machines in the gym. When you have free time or after you finish work, please come to the sports club and refresh your mind.

We are looking forward to seeing you at the center.

Facilities		Purposes
Third Martial Arts Room	4F	Kyudo(Japanese Archery)
Jogging Space		150m course
Main Arena	3F	Basketball, Volleyball, Badminton, Table Tennis, Soft Tennis, other sports
Sub Arena (Tamokuteki Hall)		Table Tennis, Aerobics, Jazz Dance, other sports
Multipurpose Room	2F	Aerobics, Dances, other sports
Meeting Rooms		These rooms can be divided to three rooms. Multipurpose
Japanese-style Room		Meeting
Second Martial Arts Room	1F	Kendo, Karate, gymnastics other Martial Arts
First Martial Arts Room		Judo, Aikido, gymnastics, other Martial Arts
Dojyo(Sumo)		Sumo
Gym		Training Machines & Athletic Place, Kid's Zone, Climbing Wall
Restaurant		

Hours of Operation

Open -9:00-21:50 (Training Room entry is until 21:30)

-21:00 (Other Facilities entry is until 20:30)

Close - The 2nd & 4th Monday of every month (If these days are national holidays, Closed on the following Tuesday).

-Dec.28-Jan.4

-We are irregularly closed for maintenance

How to use facilities

Individual Visitors

Before you go to the Arena or other rooms, buy a ticket at the ticket machine in the entrance hall, give the coupon ticket to the receptionist, or show your monthly pass at the information desk.

Fees

Individual Visitor

		Adult	Junior High & Elementary school Student
Tickets for	9:00-12:00	350	100
	13:00-17:00	350	100
	18:00-21:00	350	100
	One-day	600	200
*Coupon Ticket (11 times)		3,500	1,000
*Monthly Pass	One Month	5,000	2,000
	Three Month	13,700	5,500
	Six Month	25,000	10,000
Training Ticket (four hours)		350	
*Monthly Card only for the gym	One Month	2,400	
	Three Month	6,500	
	Six Month	12,000	

* The Monthly Pass, Monthly Card and Coupon Ticket are allowed to use at other sports centers. (Fukagawakita, Higashisuna, Ariake, Kameido)

Programs

There are many kinds of classes for all ages including exercise, aerobics, badminton, soft tennis, table tennis, basketball, social dance, training, Judo, Kyudo and so on. If you need to know more about programs, please come to the front desk.

Sports Days

(1) Koto Sports Day

- Every 2nd of Saturday, Main Arena, Sub Arena(Tamokuteki Hall) & Training Room (only for over 16 years old) are free for people, living or working in Koto City.

(2) Kodomo Sports Day (Athletic Room for children)

- Every 2nd & 4th of Saturday morning, the Athletic Room is free for students of elementary & junior high school in Koto City except the festival holidays and *school vacations-

*School vacation: Summer vacation (Jul.21~Aug.31)

Winter vacation (Dec.26~Jan.7)

Spring vacation (Mar.26~Apr.5)

Rules

(1) All the facilities

- # To use each facility, please bring sportswear and indoor shoes.
- # Do not bring a large amount of money or valuables. We won't take any responsibility for theft or losses.
- # Smoking is prohibited in the building.
- # If you don't feel well, please do not use the facilities.
- # Ages 15 or under must be accompanied by a parent after 18:00.

(2) Training Room

- # Training Room is opened for high-school student and over.

Access

- # Subway (Tozai-line & Oedo-line)

5 min. walk from exit no.4 of Monzennakacho station

- # JR Keiyo-line

2 min. walk from exit no.1 of Echujima station

- # Bus

1 min. walk from Echujima stop of “門 33”, “門 19” or “海 01.”



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